



## Self-Assessment: Cervical Spine Injury in Trauma

This quiz was contributed Anonymously. Answers can be found on August 14<sup>th</sup> or in the article.

Durga P, Sahu BP. Neurological deterioration during intubation in cervical spine disorders. Indian J Anaesth. 2014 Nov-Dec;58(6):684-92.

- 1) There are no randomised studies involving intubation in actual spine pathology
  - a) True
  - b) False
- 2) Which of the following component of general anesthesia has been most often linked to spinal cord injury according to Hindman's review of the closed claims database.
  - a) Airway management
  - b) Anatomic abnormalities
  - c) Direct surgical complications
  - d) Pre-procedural symptomatic injury
  - e) Intraoperative head/neck positioning
- 3) Which maneuver during airway management causes the most cervical spine movement?
  - a) Chin lift and BMV
  - b) Direct laryngoscopy
  - c) Indirect laryngoscopy
  - d) Fiberoptic intubation
- 4) Awake fiberoptic intubation has been proven to have better neurological outcomes?
  - a) True
  - b) False
- 5) Which part of the cervical spine undergoes the most movement during direct laryngoscopy
  - a) C1-C3
  - b) C4-C6
  - c) C6-T1
- 6) Do undiagnosed cervical spine injury requiring immediate airway control have a proven worse neurological outcome?
  - a) No
  - b) Yes
- 7) What is the most important anesthetic consideration of airway management to limit secondary spinal cord injury?



- a) Maintaining spinal cord perfusion
  - b) Minimizing cervical spine movement
  - c) Establishing a tracheal airway
  - d) Post intubation neurological exam
- 8) What percent of blunt trauma is affected by cervical spine injury
- a) 1-5%
  - b) 5-10%
  - c) 5-15%
  - d) >15%
- 9) What percentage of people had a Grade III or IV view with laryngoscopy on patient immobilized with hardboard-collar-sandbag-tape?
- a) 10-20%
  - b) 20-40%
  - c) 40-60%
  - d) >60%
- 10) Cervical collars have been shown to limit mouth opening by how much?
- a) 10-25%
  - b) 25-50%
  - c) 50-75%
  - d) No reduction

